Return-to-Activities
2020-2021

We are excited to be able to open-up our athletic facilities for summer practices and training for our KF athletes. While there will be limitations, we are thankful that there are opportunities to reengage in our various sports. In order to allow for these opportunities, the coaches are being asked to add new routines and habits that are well-beyond the typical sport-related routines. The “Kettle Falls School Athletics Summer 2020: Action Plan” provides guidelines for our coaches and athletes that we all must follow during this COVID restricted time. The support of athletes and parents of our coaches in respecting these guidelines is vital to ensure a positive and beneficial summer “season.”

Coaches will communicate with their athletes regarding practice times and locations. Some basic pre and post practice strategies will also need to be adopted to ensure we are safe and honoring one another and our school community:

- Please arrive to the practice just before the scheduled practice time
  - Come ready for practice
  - Complete screening prior to activities
  - Wear a facemask
- When the practice time is over, exit the school facilities as soon as possible
  - Avoid gatherings or meetings outside of practice, in the parking lots, etc.
  - Athletes that drive themselves must leave the building as soon as practice is over, get into their vehicles and depart the school grounds without delay
  - Parents or family members dropping off or picking up an athlete need to be on time and remain in their car.
- If an athlete is sick, please stay home.
- Please respect the guidelines. Support your coaches in their efforts to provide these opportunities and honor one another.
  - While there are many who value these safety precautions, there may be some who do not. We ask everyone, for the time you are on campus for practice, please follow the guidelines to ensure this opportunity continues; your health and safety is our primary concern.
# Kettle Falls Athletics - Summer 2020: Action Plan

<table>
<thead>
<tr>
<th>Overall Summary</th>
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| **School facilities can be used for student activities.**  
  ● All summer activities will be for the Kettle Falls community and groups only.  
  ● All activities must be scheduled with the School Administration.  
  ● All coaches and students must abide by school and Department of Health guidelines. |

<table>
<thead>
<tr>
<th># of Students</th>
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| Steven’s County is currently in Phase 3 of the ‘Safe Start Washington’ plan. Under its guidance the maximum number of attendees is 50 and maintaining social distancing when possible is expected.  
Activities will be limited to coaches and students only. Parents and guardians will not be permitted to gather and spectate. |

<table>
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<tr>
<th>Facilities</th>
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| ● Locker rooms will be closed for shower/changing areas. These spaces will be used for hygiene and restrooms only.  
  ● Students are not allowed to congregate and should arrive on campus dressed for their activity.  
  ● Restrooms will be cleaned regularly.  
  ● **No use of Kettle Falls Facilities by outside groups will be permitted throughout the summer.** |

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<tr>
<th>Health Screening/Daily Check-in</th>
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| ● **Temperature Check** - All coaches and students must have their temperature checked. Anyone with a temperature greater than 100.4° will not be allowed to participate and will be sent home.  
  ● **Sign-in/Health Screening** - All coaches, and students will need to confirm a daily health screening for themselves and each participant in attendance. |
### Personal Hygiene

- Students will be required to bring their own water bottle and towel to training each day and will not be allowed to share items with other students.
- Students will be required to clean their practice clothing and equipment after each use and wear clean clothes daily.
- All coaches, moderators and students will be asked to wash their hands before and after sessions.
- Hand sanitation stations will be available throughout the facilities for student-athletes and staff use.
- No food will be allowed on campus.

### Facemasks

- Indoor Activities - Facemasks are required for coaches and athletes at all times.
- Outdoor Activities – In accordance with June 24th DOH guidance; facemasks are required for coaches and athletes when social distancing of 6’ cannot be followed.

### Quarantine/Isolation Plan

#### Return to Play

- If a student answers yes to any of the screening questions, they will not be allowed to participate.
- If a student’s temperature is above 100.4°F, they will be sent home, and a phone call will be made to the parent/guardian. Students will not be allowed to return until they have written clearance from a healthcare provider.
- If anyone experiences signs or symptoms of illness offsite, the parent/guardian is expected to notify school staff.
- If a coach or student tests positive for Covid-19, our contact tracing information will be shared with Stevens County Health Department.

### Grouping

Coaches and moderators will keep student-athletes in the same groupings as much as possible.

### Cleaning

Coaches will be responsible for ensuring cleaning of all equipment and areas:
- Give time for kids to wash hands throughout sessions.
- Clean equipment and practice areas.

This document modified from Gonzaga Prep with permission and based on “NFHS Guidance for Opening up High School Athletics and Activities.”