



KETTLE FALLS HIGH SCHOOL ATHLETIC POLICY

ATHLETIC ACTIVITIES POLICY

The participation in athletics/activities at Kettle Falls High School, grades 9-12 is a privilege that requires strict adherence to specific guidelines. It is with this purpose that the following procedures and policies be presented to participants and their parent/guardian to eliminate any misunderstanding and to promote consistency for all of those involved. The support by all will help insure a rewarding experience for our extra-curricular participants and the Kettle Falls High School

Athletics/Activities include: ASB officers and representatives, cheerleaders, student trainers, managers, statisticians, service clubs, and any other support personnel.

- A. The use, sale distribution, possession, and/or being under the influence of tobacco and nicotine products* and delivery devices, alcohol, or illicit drugs, is a violation of this code. Furthermore, a participants presence at a location where the use, sale, distribution, possession, and/or being under the influence of tobacco, alcohol, or illicit drugs, may be, in itself, a violation of this code.

*Tobacco products and delivery devices includes, but are not limited to, cigarettes, cigars, snuff, smoking tobacco, smokeless tobacco, nicotine, electronic smoking/vapor devices, “vapor pens,” non-prescribed inhalers, nicotine delivery devices or chemicals that are not FDA-approved to help people quit using tobacco, devices that produce the same flavor or physical effect of nicotine substance and any other smoking equipment, device, material or innovation.

Approved Alcohol Assessment Providers: Stevens County Counseling; New Alliance Counseling Services (in Colville) contact number is 509-684-4597; ADEPT (218 S. Oak, Colville. 684-2349.).

Duration A sport season concludes after the sports awards presentation. Coaches are allowed to develop their own expectation to have students and parents sign. Coaches’ rules must be approved the Athletic Director in advance.

Coaches’ rules will include the consequences for rule infractions. At a minimum the regular school athletic code applies during the summer when coaches are responsible for their players (as in at summer camps, practices and games). Coaches can extend a sport’s duration with notice to the parent and athlete.

First Violation: The Participant/Athletes will lose eligibility from participation in games, meets, contest, ect. for **30 percent of the contests**. The penalty will carry over into the next sports season, semester or school year. The participant is able to practice with the team.

Participants/Athletes who are reported being in violation of the above rule, and who do not come forward honestly will be lose eligibility for **30 percent of the contests**, from participating in meets, games, or competition this also includes traveling with the team. After the **30 percent of the contests** eligibility is up the student is eligible to be readmitted to the current program. An

Investigation will be done by the Coach, Athletic Director and Principal for the above rule (A) violation.

If the student admits to the involvement of the above rule, then the Participant/Athlete is able to have the loss of eligibility reduced to **10 percent of the contests**.

	#	30%	10%
	Contests	Penalty	Penalty
Football	10	3	1
Volleyball	16	5	2
X-Country	20	6	2
Cheer-fall	10	3	1
Basketball	20	6	2
Wrestling	16	5	2
Cheer-winter	20	6	2
Baseball	20	6	2
Softball	20	6	2
Track	10	3	1
Golf	12	4	1

An excluded participant may forfeit entitlement to any and all awards upon the violation.

Second Violation: The participant shall be excluded from participation in games, meets, contests, etc. for ninety (90) consecutive school days from the date that the participant is made aware of said exclusion. The penalty may carry over into the next school year or semester. The excluded participant may request reinstatement after forty-five (45) consecutive school days of exclusion if they complete a chemical dependency assessment. The principal, with the assistance of the Athletic Director, shall determine reinstatement. An excluded participant forfeits entitlement to any and all awards upon the second violation.

Participant shall have a chemical dependency assessment done by a state certified chemical dependency professional in a state certified alcohol and drug treatment agency. Before being fully reinstated, the participant must show evidence, in writing that he/she has received instruction and /or treatment, which fulfill the recommendation of the assessment.

The participant may practice with the team, but cannot travel as a team member.

If the student admits to the involvement of the above rule, then the Participant/Athlete is able to have the loss of eligibility reduced to **45 days** if the Participant/Athlete agrees to **one** of the following choices.

1. Agree to have an alcohol and drug screening done by the current Student Assistance Specialist that works within the school district at no cost to the athlete. If the Participant/Athlete shows signs of

high risk use, then a referral will be made to an outside qualified Chemical Dependency Assessment. If the Participant/Athlete meets low risk for continued use, then a (minimum of) 4 week(s) intervention/prevention program will be provided and the Participant/Athlete is required to complete. If the 4 week program is not completed the **90 day** loss of eligibility will be reinstated.

2. Have a Chemical Dependency Assessment done by a State Certified Chemical Dependency Professional in a State Certified Alcohol and Drug Treatment Agency.

Note: Currently in Stevens County the Participant/Athlete has two choices for the Chemical Dependency Assessment.
ADEPT (in Colville) contact number is 509-684-2349. Assessment cost is \$50.00
New Alliance Counseling Services (in Colville) contact number is 509-684-4597.
Assessment cost is \$120.00 for no insurance or private insurance and for state insurance the cost of the assessment is covered.

An excluded participant forfeits entitlement to any and all awards upon the second violation.

Third Violation: The participant shall be excluded from all activities for one (1) calendar year from the date that the participant is made aware of said exclusion. The excluded participant may request reinstatement after ninety (90) consecutive school days of exclusion to the principal.

Participant shall have a chemical dependency assessment done by a state certified chemical dependency professional in a state certified alcohol and drug treatment agency. Before being fully reinstated, the participant must show evidence, in writing that he/she has received instruction and /or treatment, which fulfill the recommendation of the assessment.

The participant may practice with the team, but cannot travel as a team member. Before being fully reinstated, the participant must show evidence, in writing that he/she has received instruction and /or treatment, which fulfill the recommendation of the assessment.

An excluded participant forfeits entitlement to any and all awards upon the third violation.

Fourth Violation: The participant shall be excluded from all activities for the remainder of the enrollment in Kettle Falls School District from the date that the participant is made aware of said exclusion. The excluded participant may request reinstatement from the principal after one (1) calendar year of exclusion.

The Athletic Director shall keep a record of all students participating in athletics and a record of all violations and their disposition. The grievance procedure will be through the Principal, Superintendent and School board. This allows the participant to present their grievances to the chain of command. Disciplinary action may continue in effect throughout the grievance procedure.

ATTENDANCE

Each participant in school-sponsored activities must be in attendance at school the full day and attend all classes in order to practice/participate that day. Any exception to this requirement must be approved by the building principal. The following will serve as guidelines for exceptions:

1. Pre-arranged doctor or dentist appointment
2. Family emergencies

Participants are not to be absent first period the day after an event simply to rest. A participant who falls into this category is ineligible to practice or participate that day.

The final decision resides with the building principal.

APPEARANCE

The personal appearance of each participant in school-sponsored activities must be neat, clean, and well groomed, and shall meet standards as determined by the Coach and/or the Athletic/Activities Director or Principal.

CONDUCT

The school conduct of each participant in school-sponsored activities must be exemplary of good citizenship. Disruptive behavior, profane or obscene language, vulgarity, persistent tardiness, truancy, acts of larceny and other violations of school regulations are inexcusable. A participant who receives a short-term or long-term suspension shall be ineligible to participate during the full term of the suspension. A participant who is expelled shall be ineligible to participate during the full term of the expulsion and for thirty (30) school days following readmission into school.

SPORTSMANSHIP

The sportsmanship of each participant in the athletic program must exemplify the highest of standards. Sportsmanship is showing the qualities of courteousness, fairness and respectfulness to officials, teammates, opponents, coaches, and all others associated with the sport or contest. Fighting or unsportsmanlike conduct related to the contest may result in probation, exclusion, or dismissal from participation in the activity and/or school. Such action shall be the decision of the Coach, the Athletic Director, and the Principal.

FEES & EQUIPMENT

Students participating in extra-curricular activities need to purchase an Associated Student Body (ASB) card and will be required to pay a participation fee. These fees will be paid to the high school financial secretary before issued any school equipment. A student must be cleared from a previous sport academically and all fees paid before beginning a new sport.

STUDENT RIGHTS

Students participating in the Interscholastic Athletic program are governed by the rights, protection and responsibilities as prescribed by the Washington Interscholastic Activities Association Handbook, the League By-Laws, and their respective schools. Students and/or their parents/guardians may make applications for exemptions to the League and WIAA eligibility regulations and may appeal any decisions relative to such requests through their school principal.

STUDENT RESPONSIBILITIES

Participants are required to conform to the rules and regulations of their school, League, and the WIAA and to conduct themselves in a safe and sportsmanlike manner. Violators are subject to probation, suspension or expulsion.

STUDENT ELIGIBILITY REQUIREMENT-(WIAA)

1. Prior to participation in practice or athletic contests a student must:
 - a. Physical Examination-Prior to first participation in interscholastic athletics in a middle school, a junior high school, and prior to participation in a high school, a

student shall undergo a medical examination and be approved for interscholastic athletic competition by a medical authority licensed to perform a physical examination. A student shall furnish a statement, signed by a medical authority licensed to perform a medical examination, which provides clearance for continued athletic participation. *Physical exams will remain current for two years (24 months).*

The school in which this student is enrolled must have a file a statement (or prepared form) from a medical authority licensed to give a physical exam, certifying that his/her physical condition is adequate for the activity(s) in which he/she participates.

To resume participation following an illness and or injury serious enough to require medical care, a participating student must present to the school officials a physician's written release.

- b. Be covered by the school's athletic injury insurance or have a file in the school office a properly signed district Insurance Waiver form.
 - c. School Catastrophic Insurance coverage must be paid prior to participation.
 - d. Have on file in the office a signed Student Information and parental Approval form.
2. To be eligible to participate in an interscholastic contest a student must:
 - a. be under twenty (20) years of age on Sept. 1, for the Fall sport season; on December 1 for the Winter sport season; and March 1 for the Spring sport season.
 - b. have passed in at least four (4) full-time subjects in the immediately preceding semester/trimester and earned the maximum credit given for each subject. (Kettle Falls School District requires passing all subjects)
 - c. be enrolled in and currently passing at least four full credit subjects. (Kettle Falls School District requires passing all subjects.)
 - d. reside with their parents, the parent with legal custody , or a court appointed guardian who has acted in such a capacity for a period of one year or more.
 - e. not miss practices or games for the purpose of participating in non-school athletic activities.
 - f. not accept cash awards in any amount or merchandise more that \$100.00 in value, or have ever signed a contract with or played a professional athletic organization.
 3. Students shall be entitled to four consecutive years of participation after entering the ninth (9th) grade.
 4. A student completing the highest grade offered in an elementary or middle school is eligible for athletic participation upon entering a public or non-public high school. After starting his/her attendance in a high school, a student who transfers voluntarily or involuntarily to another high school shall become ineligible unless he/she obtains a signed Transfer Form from the principal of the high school from which he/she transfers, indicating from the transfer was not for athletic or disciplinary reasons and approval required WIAA eligibility committees.
 5. Be in attendance a full day of school on any game date which falls on a school day or as per school district requirement.
 6. Your athletic eligibility can be adversely affected by:
 - a. Providing misleading or false information relative to factors which affect your eligibility. (Loss of minimum of one years of eligibility)
 - b. Missing a game or practice to participate in an out-of-school athletic activity.
 - c. Participating in an athletic activity under a false name.
 - d. Disruptive behavior during practice and/or contest.
 - e. Irregular attendance at school or practice.
 - f. Committing and/or aiding or a betting in the commission of any physical abuse or attack upon any person associated with athletic practices or contests.

- g. Using a school uniform in a non-school athletic event or failure to maintain proper care or return of athletic equipment.

INSURANCE INFORMATION

It is required that students participating in Interscholastic Athletics activities carry insurance for injury and/or accident. Material is available that explains the policies offered through the schools. Many private insurance policies and employer sponsored group insurance plans do not cover Interscholastic Athletic related injuries. **MAKE SURE YOU CHECK YOUR POLICY FOR COVERAGE.**